



MON 5-23

- ✓ SCRIPTURE Psalm 145:15-16
- ✓ THOUGHT "All eyes look to you, hoping, and you give them their food right on time, opening your hand and satisfying the desire of every living thing." [CEB] God is our source! Start this week with a new sense of worth, finding your satisfaction and validation in the love of Christ living inside you!
- ✓ PRAYER Lord Jesus, I know I am made in the image of God. Thank you for showing me exactly what that image looks like in the loving example of your life on earth. Transform me so I can show that to others. Amen.

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TUES 5-24

- ✓ SCRIPTURE 1 John 3:1a
- ✓ THOUGHT "See how very much our Father loves us, for he calls us his children, and that is what we are!" [NLT] Being called a child of God is a sign of great love. This is just one of the amazing aspects of the gospel, or *good news*. No one can ever remove us from this secure love! Spend a few moments just picturing God as a loving parent, caring for you in every way.
- ✓ PRAYER Loving God, show me more and more the depth of your love. Help me to accept it and allow it to fill me up so that I live with a full sense joy and security. Amen.

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WED 5-25

- ✓ SCRIPTURE Psalm 73:25-26
- ✓ THOUGHT "You're all I want in heaven! You're all I want on earth! When my skin sags and my bones get brittle, God is rock-firm and faithful." [MSG] The writer of this psalm had it figured out! God is the faithful source we can count on. People will fail us, and rather than judging that failure out of hurt or anger, we can show compassion because we have all we need in the perfect love of God at work in us!
- ✓ PRAYER God, your love and provision are mysterious and magnificent! Help me to receive them so fully that they overflow in my life. Leave no room for hate or judgment. Replace those things with your love. Amen.

NOTES: _____



THURS 5-26

- ✓ SCRIPTURE Titus 3:5
- ✓ THOUGHT "...he saved us, not because of the righteous things we had done, but because of his mercy. He washed away our sins, giving us a new birth and new life through the Holy Spirit." [NLT] We are all in the same boat of needing God's mercy. Not one of us can be considered more deserving of the saving love of Christ. It is given freely and not because of our deeds.
- ✓ PRAYER God, I am so grateful that you are merciful and loving despite my failures. When I am tempted to hold others to an impossible standard, remind me of the grace you have shown me. Amen.

NOTES: _____

FRI 5-27

- ✓ SCRIPTURE Acts 17:27
- ✓ THOUGHT "God made the nations so they would seek him, perhaps even reach out to him and find him. In fact, God isn't far away from any of us." [CEB] We will never be done learning about the nature of God. When we continually pursue the love of God in our lives, we will find it! God is near and wants to be with us in a close relationship.
- ✓ PRAYER Great and mighty God, you are far greater than I will ever know, but I want to spend my days learning more and more. Thank you for your constant and faithful presence in my life. Amen.

NOTES: _____

SAT 5-28

- ✓ SCRIPTURE Psalm 40:16
- ✓ THOUGHT "But may all who seek you rejoice and be glad in you; may those who long for your saving help always say, 'The LORD is great!'" [NIV] God's help is what we truly need. How often do we seek other solutions to life's difficulties before we seek the wisdom of God? When we approach life with God first, we find peace and joy even in the midst of hard times.
- ✓ PRAYER O Lord, you are great and your ways are perfect! So many times you have cared for me, and I am so thankful. Forgive me for looking to other people or things when I am struggling. Help me rely on your wisdom and to follow the path Jesus followed. Amen.

NOTES: _____

DIGGING DEEPER

- ✓ **Intro** This week, we took a look at what happened when Adam and Eve disobeyed God and what universal lessons we can learn from them. We experience a fulfilling life when we trust God for provision and honor God's boundaries. It's this focus that keeps us secure in our identity, not building up ourselves at the expense of others. Sometimes our picture of God is inaccurate and that makes it difficult to trust. We can experience who God is most accurately when we keep our focus on the ways of Jesus.
- ✓ **Reflect**

 - The story of Adam and Eve is representation of the way God provides us what we need to find complete fulfillment, and when we fail to seek the things of God, we try to prove our worth in other ways. Gaining knowledge, material wealth, or status above others can give us a false sense of worth or identity. Can you describe a time when you experienced this?
 - Read Matthew 7:1-8. What area or areas of your life do you have the hardest time being non-judgmental? Why those areas and what could you do to reframe your picture of others?
 - In the above passage, Jesus follows his instruction not to judge with a directive to seek God. How do you think those concepts are related?
 - When you think of how you view God, does your picture of who God is fall short of who we find in Jesus? What life experiences have shape these inaccuracies?
 - What discipline or practice could help you to better understand who God is by learning the ways of Jesus? What discipline or practice might be helpful as you begin the habit of blessing others rather than judging them?
- ✓ **Pray** **Loving God, help me to trust in you and the power of your love to capture hearts and transform people. Thank you for capturing my heart and continually working in my life to transform me. Help me to see others as you do, with compassion and acceptance. Help me to find my worth in the fact that you created me in your image so that I can fully love without needing to place myself above others. Amen.**



DIGGING DEEPER

✓ What did I learn? _____

✓ How might it apply in my life? _____

✓ What is a next step I can take? _____

