



MON 6-13

- ✓ SCRIPTURE John 10:27-28
- ✓ THOUGHT "My sheep listen to my voice; I know them, and they follow me. I give them eternal life, and they will never perish. No one can snatch them away from me." [NLT] Jesus is our source of true life. Begin this week with a commitment to spend time each day alone, connecting with Jesus. Use this time to refresh and reshape your perspective.
- ✓ PRAYER Precious Jesus, I give you praise and honor today. Thank you for your caring presence in my life. Help me to never neglect my time with you. Strengthen me as I create new habits and patterns in my life. Amen.

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TUES 6-14

- ✓ SCRIPTURE Philippians 4:6
- ✓ THOUGHT "Don't be anxious about anything; rather, bring up all of your requests to God in your prayers and petitions, along with giving thanks." [CEB] We are often quick to come up with solutions to problems without first considering it from God's perspective. Next time you are tempted to act quickly, take a moment to talk it out with God and listen before responding!
- ✓ PRAYER Loving God, you are wise and capable of guiding me through life. Thank you for providing wisdom that brings peace. Help me to follow you rather than trying to go it alone. Amen.

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WED 6-15

- ✓ SCRIPTURE Psalm 37:7a
- ✓ THOUGHT "Be still before the LORD and wait patiently for him..." [NIV] How hard is it for you to sit in silence? Try sitting in complete silence and stillness with God for five minutes today. Where did your thoughts settle? Waiting patiently for God can be very difficult, but combating the fast-paced nature of our culture can lead to greater peace of mind and a deeper connection with God.
- ✓ PRAYER Prince of Peace, teach me to be still in your presence. Help me to train my mind to stay centered on your love. Forgive me when I get accustomed to a chaotic pace and forget to seek you. Amen.

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THURS 6-16

- ✓ SCRIPTURE Isaiah 55:8
- ✓ THOUGHT “My thoughts are nothing like your thoughts,’ says the LORD. ‘And my ways are far beyond anything you could imagine.’” [NLT] Thank God for this truth! Our imaginations are limited, but God knows no limits. We can trust that the ways of God are perfect. When we trust, we find life and rest.
- ✓ PRAYER Loving God, I am in awe of your greatness, and I submit to your perfect plan. Help me to give up my own ways each day so I can live my life your way. Guide my steps today. Amen.

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FRI 6-17

- ✓ SCRIPTURE Psalm 25:9
- ✓ THOUGHT “He guides the humble in what is right and teaches them his way.” [NIV] It takes humility to set aside time and energy to learn from someone else. It is not different with God--when we humble ourselves, we are able to see our great need for God’s guidance.
- ✓ PRAYER God, I want to be a humble person so I can welcome your direction in my life. I know that I need you and I don’t want to let other things to take your place or crowd you out. Thank you for loving me. Amen.

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SAT 6-18

- ✓ SCRIPTURE 1 John 2:16-17
- ✓ THOUGHT “For the world offers only a craving for physical pleasure, a craving for everything we see, and pride in our achievements and possessions. These are not from the Father, but are from this world. And this world is fading away, along with everything that people crave. But anyone who does what pleases God will live forever.” [NLT] How easy it is to crave temporary, feel-good moments? Maturity means coming to value things that please God over things that provide us temporary satisfaction.
- ✓ PRAYER Eternal God, my tendency is to focus on obtaining tangible things to make me happy and on my ability to achieve and receive praise for what I accomplish. Give me a bigger perspective and help me to value what you value. Amen.

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DIGGING DEEPER

- ✓ **Intro** This week we look at the life of Moses. Moses decided to follow how God was leading him despite his doubts and questions. We can learn from his patience and courage as well as from the behavior of the Israelites: wait for God, listen, and follow. Resist the urge to busy ourselves with plans we create when we are struggling to trust God's plan!
- ✓ **Reflect**
- Describe a time in your life when you were doing your own thing, not considering how God might be leading you. How did you feel during this season?
 - Do you struggle to wait in silence to connect with God? Have you ever feared the feelings you might have to face or that God would not respond to you?
 - Read Exodus 32:1-6. Despite having been freed from slavery, the Israelites quickly turn away from God. Why do you think that they so desperately needed something to look at and call "their gods"?
 - Do you ever wrestle with the invisible or intangible nature of God? Brainstorm some ways you can strengthen your faith even though you can't see a physical being.
 - When was a time in your life that God answered a prayer of yours or showed you a different path? Take some time to be thankful as you look back on the journey that took you to where you are today.
- ✓ **Pray** Thank you, Lord, for your loving guidance in my life. I want to grow into a confident follower even when my path is unclear. Give me patience to wait when I don't know what to do next. Forgive me for the times I have tried to force my own ideas and plans in the past. Give me courage to respond in faith when I do feel you nudging me onto a new path. Amen.



DIGGING DEEPER

✓ What did I learn? _____

✓ How might it apply in my life? _____

✓ What is a next step I can take? _____

