

REFLECTION GUIDE

12.31.23

INTRO

During this time of year as the holidays wind down, it is important to reflect and recommit. The Wesley Covenant Prayer is a prayer of commitment that can be a meaningful way to begin the coming year.

THOUGHTS

PRAYER

I am no longer my own, but yours. Put me to what you will, place me with whom you will. Put me to doing, put me to suffering. Let me be put to work for you or set aside for you, praised for you or criticized for you. Let me be full, let me be empty. Let me have all things, let me have nothing. I freely and fully surrender all things to your glory and service. And now, O wonderful and holy God, Creator, Redeemer, and Sustainer, you are mine, and I am yours. So be it. And the covenant which I have made on earth, let it also be made in heaven. Amen.

DIGGING DEEPER

- Take a few minutes to look back at each month of 2023 on your calendar. What were the highlights for you?
- What made you proud in 2023?
- Did anything come to mind that you wish you had done? What prevented you from doing it?
- Can you identify a specific time-waster that might have interfered with what you wanted to accomplish?
- We are meant to pursue growth so that we can fully experience the saving grace Christ offers us. 1 Peter 2:2-3 says, "Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation. Cry out for this nourishment, now that you have had a taste of the Lord's kindness." [NLT]
 - Was there something along your spiritual journey this past year that was significant?
 - Is there anything that comes to mind that you would like to challenge yourself with this year?
 - What things might need to be adjusted in order to accomplish that?
- Spend some time reflecting on the provided Wesley Covenant Prayer. Let it inspire you as you continue your faith journey in 2024.

