

REFLECTION GUIDE

3.3.24

INTRO

The way we treat people who are vulnerable in our society matters to Jesus, and he spent much of his ministry demonstrating just how much. We become a true *somebody* when we care for *everybody*.

THOUGHTS

PRAYER

Gracious God, thank you for being the giver of all good things. Strengthen my empathy for people who are hurting. Help me to live with gratitude at the forefront of my mind and help me to readily open my hands to meet the needs of others. Remind me each day that it is by your grace that we live and breathe. Amen.

DIGGING DEEPER

- Think of a time when you felt very vulnerable. Describe your emotions during this time. Why was your state of vulnerability so difficult?
- Read Matthew 25:34-40
 - What initial questions or thoughts come up as you read this passage?
 - Jesus takes the way we minister to others very personally. How does the passage support this idea?
- How would it change your interactions with people if you treated them as if they were Jesus?
- Consider this statement: *Merciful deeds flow from the grace you have received.*
 - Do you agree with this statement? Why or why not?
 - Can you recall the last “merciful deed” you carried out? What prompted you to do it?
 - Write down one kind thing you could do to help someone this week.
- When you think of the most vulnerable members of your community, what issues or hardships spark a passion or extra level of empathy in you? What is a new way you could involve yourself in serving that population of people?