## HARD STUFF



## PUTTING YOUR HOUSE IN ORDER

If you are 18 or older, the greatest gift you can give yourself and your family is peace of mind. If you are seriously incapacitated or, worse, die, does your family know what to do? Do they know how to take care of your bills, your Facebook and Instagram pages, your will, your social security or bank account, and your pets? Do they even know where to find all your important documents and passwords?

In these 90 minutes, you can take the practical steps to provide just such a "priceless gift" to your loved ones.

## THE CONVERSATION

Do you know the wishes of every member of your family? Do any of you want to be kept alive with extreme measures? Do you want a feeding tube that will prolong their/your life even if they/you are in a coma you are unlikely to recover from? Ventilator or not? Cremation or burial? Do you want your family to always wonder if they made the decision that you would have wanted?

Understanding what happens when a loved one is diagnosed with a serious lifealtering or terminal illness causes stress and pressure on families at a time when every moment is precious. But once you've outlined how you want to be cared for and just how much medical intervention is enough, it will relieve you and your loved ones of difficult decision-making when there really isn't curative treatment. Have that conversation before you can't. Give your family this gift.

You are NEVER too young or old to provide these answers to the people who love you the most and who will be forced to make these decisions if you don't.

This program will also explore funeral planning and options that are available to families today in some detail.